



# LampLighter

*Thy Word is a lamp unto my feet and a light unto my path*

## Our Leadership Team

- Pastor**  
the Rev. D. Kerry Slinkard
- Clerk of Session**  
Jane Trimble
- Deacons Moderator**  
Andrew Arthur
- Director of Music**  
Peter Slauch
- Organist**  
Julie Allport
- Faith Community Nurse**  
June Hoffman
- Preschool Director**  
Nicole Hartman
- Secretary**  
Eryn Gallagher
- Secretary**  
Lorraine Holton
- Sexton**  
Clyde Prigg
- Treasurer**  
Beth Keefer

## Some of Our Year-End Ministries



*Clockwise from top:*

Angel Tree Ministry

Presbyterian Women Fellowship Dinner with the Oxford High School Choral Ensemble

Food Box Ministry

Chesapeake Brass Concert

Christmas Carols with Oxford Community Preschool



↑ Photo by John Chambers

## Table of Contents:

- Year-End Ministries ..... 1
- Pastor's Corner ..... 2
- Healthy Living ..... 3
- Outreach ..... 4
- Symbology ..... 5
- January Birthdays ..... 5
- January Calendars ..... 6
- Christian Education ..... 7
- What's Happening ..... 7



## Our Vision

Oxford Presbyterian Church is a family of Christians dedicated to sharing the unconditional love of Jesus Christ with the local and world communities.





*We give thee but thine own,  
Whate'er the gift may be;  
All that we have is thine alone,  
A trust, O Lord, from thee.*

Every new year brings a certain amount of uncertainty along with promise...

This congregation always begins a new year with great potential to serve our Lord in a variety of ways. We have brothers and sisters in Christ who are always willing to give of themselves for our ministries and for others in need. I often marvel at the openness and caring of OPC members.

*May we thy bounties thus  
As Stewards true receive,  
And gladly, as thou blesses us,  
To thee our first-fruits give.*

But despite our dedication and efforts, the future holds many questions. Many in our community are still struggling with financial difficulties and there are always health concerns that seem to come from nowhere.

*To comfort and to bless,  
To find a balm for woe,  
To tend the lonely in distress,  
Is angels' work below.*

Many thanks to all of you who have given so freely of your time and treasure in the past year, particularly

to the Learning Ministry—Adventure Club, Children's Church, Sunday School, Youth Group, Mission Trip,...

to the Nurturing Ministry—Fellowship meals, Easter Breakfast, rides to church for shut-ins, Wellness Council,...

to the Outreach Ministry—Community Meals, 10,000 Villages, Christmas Food Boxes,...

to the Worshiping Ministry—Choirs, Handbells, Ushers, Liturgists, Sound Techs, Greeters, Acolytes,...

*And we believe Thy word,  
Though dim our faith may be;  
Whate'er for thine we do, O Lord,  
We do it unto thee.*

I look forward to an exciting 2012 for us. I pray for the presence of the Holy Spirit to enliven our plans and dreams, our work and worship. I pray for health and happiness for all, and for a renewed sense of community and purpose as we look forward to God's new year.

See you in church!

PEACE on Earth, *Pastor*

## COFFEE FELLOWSHIP

*Join us!*



## NEW FELLOWSHIP TIME IN THE PARLOR

On your way to lunch after the 11:00 service, stop by the Parlor to have a cup of coffee and chat. We have long shared time together after the 8:15 service down in Fellowship Hall, but "11:00ers" have missed out. The new Coffee Time after the 11:00 is an opportunity for that family to get to know each other better.

Who knows! Maybe you'll find some partners to share lunch with.

# Healthy Living



## APPLES: HEALTHY OR POISON FILLED?

*Submitted by Gale Sauer*

A recent study published in the Netherlands has revealed an

association of some kind between eating a lot of white fleshed fruits such as apples, pears and bananas and a lower risk of stroke. The study followed over 20,000 Dutch adults and found that after 10 years, those consuming high amounts of white flesh fruit (primarily apples and pears) had 52% less risk of stroke. The lead author of the study does state clearly that in order to prevent stroke "it may be useful to consume considerable amounts of white fruits and vegetables ... [but] other fruits and vegetables in different color groups may protect against other chronic diseases."

The study found that a 25g per day increase in white fruits and vegetables was linked to a 9% lower risk of stroke. The average apple weighs 120g so it's easy to increase white flesh consumption by eating one a day.



Unfortunately, according to the Environmental Working Group (EWG), a public health advocacy group, their seventh annual report looked at fruits and vegetables that have the most and least pesticides after washing and peeling and found that apples moved up three spots from 2010 and now have the title of "Most Contaminated". Turns out 92% of apples tested contained two or more pesticides. Washing offers no protection against the chemicals that are taken up by the entire plant and reside on more than the skin. Pregnant women in particular should avoid foods containing pesticides since long term effects of many pesticides are unknown.

A solution may be to purchase fruits from the "Dirty Dozen" from organic farmers saving money on the "Clean Fifteen," which contain less pesticides and can be purchased from any trusted grower.

### Dirty Dozen

Apples  
Celery  
Strawberries  
Peaches  
Spinach  
Nectarines \*  
Grapes \*  
Sweet bell peppers  
Potatoes  
Blueberries  
Lettuce  
Kale/collard greens

### Clean 15

1. Onions
2. Corn
3. Pineapples
4. Avocado
5. Asparagus
6. Sweet peas
7. Mangoes
8. Eggplant
9. Cantaloupe \*\*
10. Kiwi
11. Cabbage
12. Watermelon
13. Sweet Potatoes
14. Grapefruit
15. Mushrooms

\*Imported \*\*Domestic

### References:

<http://www.nutraingredients.com/Research/White-flesh-fruits-can-cut-stroke-risk-52-10-year-study> retrieved 25 October 2011

<http://www.theheart.org/article/1280001.do>, retrieved 25 October 2011

<http://www.bbc.co.uk/news/health-14931634>, retrieved 25 October 2011.



# Outreach Ministry

## Missions We Support



### Local

Neighborhood Services Center  
Oxford Senior Center  
Domestic Violence Center of  
Chester County  
Lighthouse Ministry  
Meeting Ground  
Miscellaneous Local Mission  
Peacemaking Offering (25%)  
Christmas Food Boxes

### Beyond our Area

Onesimus Prison Ministry  
Good News for India

### Missions with the Larger Church

Per Capita (sent to Presbytery)  
Basic Mission Support/to  
Presbytery  
Theological Education Fund/to  
Presbytery  
Meeting Ground  
One Great Hour of Sharing  
Pentecost Offering  
Peacemaking Offering (75%)  
Christmas Joy Offering

## Can Tabs

Please bring your can tabs to the church office. They are being collected to donate to Alfred I. duPont Hospital for Children in Wilmington, DE.



Collecting Children's Shoes for  
Neighborhood Services Thrift Shop

Sizes 1 thru 9

New or Gently used

**DROP BOX BY CHURCH OFFICE**



**January's Community Meal** will be on the 29<sup>th</sup> from 5:30 to 7:00p and hosted by the Deacons. It's FREE and OPEN TO EVERYONE. Eat and fellowship with our neighbors in the community



# January Birthdays

2	Jerry Coe	13	Colleen MacKrell	22	Wesley Robison
2	Merton Deaver, Jr.	13	Larry Nelson	22	Jacob Crawford
2	William Taylor	13	Teresa Verkamp	23	Stephen Albrecht
2	Christine Vanella	14	Ronald Brooks	24	Cindy Pugh
2	Carolyn Guzzo	14	Lawrie Drennen	24	John Duppel
2	Dawn Taylor	14	Ann Holton	24	Mark Gundrum
3	Woody Hartgrove	16	Abby Keefer	26	Madison Hopkins
5	Connie Gatlin	16	Rebecca Kelso	27	Sally Tipton
5	Evan Adams	17	Jeffrey Miller	28	Ann Nelson
6	Walter Osborne	17	Turner Hannon	28	Ashley Talley
7	Lucille Liggitt	18	Yilan Slinkard	28	Elena Olivieri
7	Keith Walsh	20	Judy Hastings	28	Patrick Workman
8	Michael Miller	20	Louis Neyman	29	Robert Hook
10	Daniel Pugh	20	Loretta Rhodewalt	29	Virginia Lorah
10	Justin Hogg	20	E. Warren Vosburg	29	David Meyers
11	Philip Atkinson	20	Richard Jones	30	Helen Ribauda
11	Gale Drake	20	Patricia McComsey	30	Richard Forcey
12	George Boettcher	20	Clyde Prigg	31	Jacqueline Montgomery
12	Gage Cave	20	Brooke Dillard		
13	Marilyn Deaver	21	Carol Brown		

*If yours or a loved one's birthday does not appear in our lists, please contact the office. We'd love to include you in our well wishes.*

## SYMBOLOLOGY

*by Pastor Kerry*

The Pastor's garb in worship is often a symbol of the style of a congregation. Some pastors wear a suit and tie as a symbol of unity with the congregation's typical dress code. Others wear khakis and casual shirt, or jeans and sweaters for the same reason. Some would say that a pastor who dresses differently than the congregation is just trying to stand out and call attention to him/herself. One comment I read said that a pastor who dresses formally tells the congregation that they can't be casual in their relationship with God and they have to be formal and stilted. I disagree with that in many ways.

My choice of more traditional robes for worship is for me a symbol of my relationship with God. The black robe represents academia (think John Calvin in Geneva or Harry Potter at Hogwarts), and refers historically to the insistence on a "learned clergy" that has long characterized the Presbyterian Church. When I wear that robe, I seek to honor my office as "teaching elder" in the congregation. When we celebrate Baptism or Communion, I switch to a white alb which is a symbol of the "priestly" role of the pastor, interpreting God's spiritual presence through the rituals of the sacraments. Rather than calling attention to myself, my intention is to help the congregation experience the transcendent-yet-imminent mystery of God.



# January 2012

Sunday 1	Monday 2	Tuesday 3	Wednesday 4	Thursday 5	Friday 6	Saturday 7
8:15a & 11a Worship 9:30a Sunday School for all ages	NO Lectionary Bible Study  OFFICE CLOSED FOR NEW YEAR	12p Even Start 4:15p LHLW 7p POMS-Library 7p Adventure Club Planning- Pastor's Study	6p Adventure Club 6p Youth Group NO YOUTH CHOIRS 7:30p Chancel Choir	12p Even Start 7p Shalom Circle-Lib.	6:30p UNhanging of the Greens	9a Girl Scout Cookie Booth-FH
8	9	10	11	12	13	14
8:15a & 11a Worship 9:30a Sunday School for all ages 12p Worship Ministry-Choir Rm. 7p Session Meeting-Lib.	NO Lectionary Bible Study	12p Even Start 4:15p LHLW	6p Adventure Club 6p Youth Group 4:30p Youth Choirs 4:30p Cherub Choir 6:30p Bells of Praise 7:30p Chancel Choir	12p Even Start	12p Even Start	
15	16	17	18	19	20	21
8:15a & 11a Worship-Elect Officers 9:30a Sunday School for all ages 12p Deacons-Lib. 7p Martin Luther King Service- Sanctuary	9:30a Lectionary Bible Study  OFFICE CLOSED for Martin Luther King, Jr. Holiday	8:30-4 WIC-FH 12p Even Start 4:15p LHLW	6p Adventure Club 4:30p Youth Choirs 4:30p Cherub Choir 6:30p Bells of Praise 7:30p Chancel Choir	12p Even Start	2p Women of Faith Circle-Ware Mansion	SILO Meal
22	23	24	25	26	27	28
8:15a & 11a Worship 9:30a Sunday School for all ages	9:30a Lectionary Bible Study	8:30-4 WIC-FH 12p Even Start 4:15p LHLW	6p Adventure Club 6p Youth Group 4:30p Youth Choirs 4:30p Cherub Choir 6:30p Bells of Praise 7:30p Chancel Choir	12p Even Start	NA Group-FH	NOMADS
29	30	31				
8:15a & 11a Worship 9:30a Sunday School for all ages 5:30p Community Meal-FH	9:30a Lectionary Bible Study	8:30-4 WIC-FH 12p Even Start 4:15p LHLW			Key: Lib. = Library (1st floor) FH = Fellowship Hall (1st floor) WIC = Women, Infants and Children LHLW = Living Healthy Living Well	

# Christian Education

## 2012 SON SERVANTS MISSION TRIP DESTINATION: WEST VIRGINIA

Many of the pieces are in place for a mission trip next summer. The trip is designed for junior and senior high, grades 7-12. However, we are looking for a leader to organize the trip itself. The budget includes much of the cost of the trip, students will contribute a larger portion of the funds, and there will only need to be 1-2 fundraisers. If you feel you could organize this trip and/or attend, please let us know!!! We feel this is an important part of our youth group program!

### **Info:**

**Location:** McDowell County, WV — **Dates:** July 23 - 28 — **Ministry Partners:** Panther Christian Outreach — **Accommodations:** On air mattresses on the floor of the Panther Elementary School — **Possible Work Projects:** Various home repairs such as roofing, painting, building ramps, repairing floors, etc. — **Children's Program?** Yes (opportunity to work with children). See Chris Arthur or Whitney Bradford if you'd like to help!

## What's Happening?

**Philadelphia Flower Show Bus Trip**  
Tuesday, March 6, 2012



**\$48 per person**  
Leaving Oxford Presbyterian Church  
at 12:30p

Returning around 8:00p  
47 seats available on a  
First-come, first-served basis.

To register: 610-932-9640

*Sponsored by*  
**The Memory Garden**

### **The Chesco Pops**

Jacques Voois, Music Director/Coordinator

### **From Basin Street to Broadway**

**A Tribute to America's Musical Roots!**

**SATURDAY, February 4<sup>th</sup> at 3:00p**

**Oxford . . . Area High School Auditorium**

**Adults \$15 - Seniors \$12 - Students \$5 -  
Children under 12 free**

*Proudly partnering with the Oxford Area Senior  
Center*

*For more information, visit our website at  
[www.ChescoPops.org](http://www.ChescoPops.org)*



## The Lamplighter

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6 Pine Street  
Oxford, PA 19363

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*Our Web Page:*

*http://  
www.oxfordpresbyterian.org*

### Our Session

The Session meets the second Sunday of each month at 7:00 pm

Class of 2011	Class of 2012	Class of 2013
Jackie Caleb	Chris Arthur	Whitney Bradford
Warren Vosburg	Vivian Brown	Kerry Gerich
Carol Carter	Eryn Gallagher	Rich Lombardi
Jim McLeod	Barb Hill	Andy Ralston
Wendell Higgins	Nancy Address	Mark Verbanas
Don Drennen	Bev Hartgrove	

### Our Deacons

The Deacons meet the third Sunday of the month after the 11:00 service

Class of 2011	Class of 2012	Class of 2013
Steve Hill	Ann Terry	Andy Arthur
Jackie Montgomery	Victoria King	Lisa Slinkard
Cindy Hager	Jamie Workman	Neeley Spotts
Herman Wharton	Gene Turns	Judy Walls



Return Service Requested

Oxford Presbyterian Church

6 Pine Street

Oxford, PA 19363